



## Lunch Menu

### Soups

Butternut Squash Soup ☒

Gazpacho ☒

*Soup of the Day (see below schedule)*

*Monday*

LS Coconut Curry Carrot ☒

*Tuesday*

LS Red-Bean Chili ☒

*Wednesday*

LS Manhattan Clam Chowder

*Thursday*

LS Pork Ramen

*Friday*

LS Potato Watercress ☒

*Saturday*

LS Turkey & Noodle

### Hot Sandwiches

**Connecticut Famous Steamed Cheeseburger\***

*House-made pickles, lettuce, tomato, caramelized red onions on a potato roll served with house-made ranch potato chips or mixed fruit (GF option available)*

**Crab Cake Sandwich**

*Lettuce, tomato, cajun mayo on a potato roll (GF option available)*

**Double Dogs**

*Griddled all-beef kosher hot dogs on potato buns (GF option available)*

### Entrée Salads

*(Add Grilled Chicken, Crab Cake or Salmon)*

**Meadow Ridge Chopped Salad** ☒ ♥

*Romaine hearts, cucumber, tomato, almond, cranberry, goat cheese, beet vinaigrette*

**Cobb Salad** ☒ ♥

*Mixed greens, tomato, bacon, avocado, blue cheese, hard-boiled egg, ranch dressing*

**Niçoise Salad** ☒ ♥

*Mixed greens, tomato, baby potatoes, olives, haricots verts, hard-boiled egg, lemon dijon vinaigrette*

**Summer Salad** ☒ ♥

*Mixed greens, ricotta salata, strawberries, toasted walnuts, aged balsamic, chive oil*

### Build Your Own Sandwich

*Includes coleslaw and house-made chips*

**Turkey, Ham, Corned Beef, Bacon, Chicken Salad, Tuna Salad or Egg Salad**

### Dessert

**Cookies**

**Mixed Fruit**

**Apple, Orange or Banana**

**Cake of Day**

**Pie of Day**

### Entrées

**Lemon Thyme Half Roasted Chicken**

*With herb jus, rice pilaf and sautéed carrots*

**Quiche of the Week — Quiche Florentine**

*Served with potato salad — GF option available*

**Baked Rigatoni, Whipped Spinach Ricotta & Fontina**

*Served with roasted asparagus — GF option available*

**Cider-Glazed Baby Back Ribs**

*Tangy bbq sauce, mac & cheese and roasted brussels sprouts*

**Weekly Bistro Special — Cuban Pork** ☒

*With garlic & citrus sauce served with rice pilaf and steamed broccoli with garlic*

☒ = Dairy Free   ♥ = Heart Healthy   ☒ = Gluten Free   LS = Low Sodium