



Dining Room Menu Selections

Soups

Butternut Squash Soup ☒

Gazpacho ☒

Starters

Shrimp Cocktail ☒

Mixed Green Salad ☒

Low-Sodium Soup of the Day:

Monday: LS Coconut Curry Carrot ☒

Tuesday: LS Red-Bean Chili ☒

Wednesday: LS Manhattan Clam Chowder

Thursday: LS Pork Ramen

Friday: LS Potato Watercress ☒

Saturday: LS Turkey & Noodle

Entrées

Baked New England Cod

With lemon and paprika

Veal Marsala

Citrus Glazed Cornish Game Hen

With scalloped sweet potato

Homestyle Meatloaf

With buttermilk mashed potatoes

Grilled Chicken Breast

With Buccatini Pommedoro

Baked Red Snapper

With lemon and ginger

Black Bass

With garlic scape pesto

Connecticut Maple and Dijon Pork Loin

Ratatouille Polenta Tartelette

Rack of Lamb

With barolo reduction

Chicken Tangine

Shredded Mediterranean Beef Bowl

*With hummus, tomato onion salad,
yellow rice and naan bread*

Sides

Grilled Asparagus & Mushrooms ☒

White & Wild Rice Blend

Yukon Potatoes ☒

Creamed Spinach

Sweet Potato

Braised Mushrooms & Onions

Desserts

Dessert of the Week:

Hazelnut Cake

Pie of the Week:

Coconut Custard Pie

Cookies

Mixed Fruit

Apple, Orange or Banana

Sugar-Free Dessert:

Pound Cake with
Strawberries & Cream

☒ = Gluten Free