



Lunch Menu

Soups

Butternut Squash Soup ☞

Gazpacho ☞

Soup of the Day

Monday

LS Coconut-Curry Carrot Soup ☞

Tuesday

LS Red-Bean Chili ☞

Wednesday

LS Manhattan Clam Chowder

Thursday

LS Pork Ramen

Friday

LS Potato Watercress Soup ☞

Saturday

LS Turkey & Noodle Soup

Entrées

Lemon-Thyme Half Roasted Chicken

With herb jus, rice pilaf and sautéed carrots

Quiche of the Week—Quiche Florentine

Served with potato salad

GF option available

Baked Rigatoni, Whipped Spinach

Ricotta & Fontina

Served with roasted asparagus

GF option available

Entrée Salads

(Add Grilled Chicken, Crab Cake or Salmon)

Meadow Ridge Chopped Salad ☞ ♥

Romaine hearts, cucumber, tomato, almond, cranberry, goat cheese, beet vinaigrette

Cobb Salad ☞ ♥

Mixed greens, tomato, bacon, avocado, blue cheese, hard-boiled egg, ranch dressing

Niçoise Salad ☞ ♥

Mixed greens, tomato, baby potatoes, olives, haricots verts, hard-boiled egg, lemon-dijon vinaigrette

Summer Salad ☞ ♥

Mixed greens, ricotta salata, strawberries, toasted walnuts, aged balsamic, chive oil

Cider-Glazed Baby Back Ribs

Tangy barbecue sauce, mac & cheese and roasted brussels sprouts

Weekly Bistro Special—Cuban Pork ☞

With garlic & citrus sauce, served with rice pilaf and steamed broccoli with garlic

Hot Sandwiches

Connecticut Famous Steamed Cheeseburger

House-made pickles, lettuce, tomato and caramelized red onions on a potato roll, served with house-made ranch potato chips or mixed fruit

GF option available

Crab Cake Sandwich

Lettuce, tomato and cajun mayo on a potato roll

GF option available

Buttermilk Ranch Chicken Sandwich

Lettuce and tomato with ranch dressing on a potato roll, served with ranch potato chips or mixed fruit

GF option available

Build Your Own Sandwich

Includes coleslaw and house-made chips

Turkey, Ham, Corned Beef, Bacon, Chicken Salad, Tuna Salad or Egg Salad

Dessert

Cookies, Mixed Fruit, Apple, Orange, Banana, Cake of the Day, Pie of the Day



♥ = Heart Healthy ☞ = Gluten-Free LS = Low Sodium

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