



## Superior Services and Amenities at Meadow Ridge

Discover the many distinctive benefits included in a continuing care retirement community with Lifecare.

### What does the fee structure look like at Meadow Ridge with Lifecare?

The cost of living at Meadow Ridge is made up of two parts:

1. A one-time admission fee that is up to 80 percent refundable to you or your estate
2. A monthly service fee, which is dependent on the apartment home style you select

### What does the monthly service fee cover?

Most of your living expenses are covered by the monthly service fee, including:

- 24-hour emergency call system
- All utilities except telephone
- Internet and basic satellite TV service
- Weekly housekeeping and flat linen service
- Community and apartment home maintenance
- Lunch or dinner daily
- Continental breakfast
- Takeout meal service
- Regularly scheduled local transportation
- Assigned parking space
- Fireplace and patio or balcony with every apartment
- Washer and dryer in every apartment
- Assigned storage locker
- Extensive cultural, educational, recreational and social programs

### What activities and amenities are included?

- Access to indoor atrium
- Indoor swimming pool and sauna
- Auditorium with dance floor
- Fitness center and wellness clinics by licensed staff
- Outdoor tennis, pickleball, putting green, croquet and bocce courts
- Aquatic exercise; yoga; tai chi & Pilates; balance and strength & motion classes
- Various activity and meeting rooms
- Well-stocked library
- Full-service dining room and casual dining bistro
- Duplicate bridge, party bridge and mahjong
- Art, language and current events classes
- Billiards room
- Indoor golf simulator
- Hiking and walking trails
- Bark Ridge dog park
- Outdoor resident gardens





## Superior Services and Amenities

### Care services available at Meadow Ridge:

- Five-star Medicare-rated Skilled Nursing
- Award-winning Assisted Living
- Mind & Memory Care
- 24-hour emergency response system
- Occupational, physical and speech therapies
- Director of resident services
- Medical director
- Director of nursing
- Physician, podiatrist, audiologist available on site by appointment only

### Other services available at Meadow Ridge:

- Hair salon
- Massage therapist
- Grocery delivery
- Pharmacy delivery
- Dry-cleaning delivery
- Seamstress
- Country store
- Postal service
- Jewelry & watch repair
- Comfortable overnight guest rooms
- On-site college classes
- On-site public notary
- Concierge services
- Personal assistant services

*These services are available to residents for a nominal fee.*



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Managed by Benchmark Senior Living