



# Explore the Height of Senior Living

Whether you thrive on activity or enjoy a more relaxed pace, our award-winning community offers an array of features and amenities tailored to your lifestyle. Meadow Ridge features a distinctive Independent Living neighborhood, as well as Ridge Crest, our health center, which includes Assisted Living, Mind & Memory Care, Sub-Acute Rehabilitation, Skilled Nursing and Respite Care neighborhoods.





# 136 Acres of Breathtaking Beauty

Our campus features lush walking trails, three stunning courtyards and an array of activities, from Pilates in the fitness center to gardening. Take invigorating laps in our indoor pool or play croquet and pickleball on the courts. Tee off at the Ridge Range indoor golf simulator or stop by the outdoor Bark Ridge Dog Park. Whether you prefer an active lifestyle or a more relaxed pace, Meadow Ridge offers senior living that rises above the rest.



- |                              |   |                            |
|------------------------------|---|----------------------------|
| 1 Fitness Center             | 11 Tennis & Pickleball Court                  | 21 Covered Parking Garages |
| 2 Dining Room                | 12 Bark Ridge Dog Park                        | 22 Walking Trails          |
| 3 Auditorium                 | 13 Putting Green                              | 23 Pond & Gazebo           |
| 4 Indoor Pool                | 14 Rose Garden                                | 24 Fountain & Pond         |
| 5 The Bistro                 | 15 Bocce Court                                |                            |
| 6 Beauty Salon/Barber Shop   | 16 Raised Bed Gardens & Potting Shed          |                            |
| 7 Ridge Range Golf Simulator | 17 Ridge Crest Gazebo                         |                            |
| 8 The Spa                    | 18 Sub-Acute Rehabilitation & Skilled Nursing |                            |
| 9 Croquet Court              | 19 Mind & Memory Care                         |                            |
| 10 The Farm                  | 20 Assisted Living                            |                            |





Independent Living

Assisted Living

Mind & Memory Care

Sub-Acute Rehabilitation

Skilled Nursing



**MeadowRidge.com | 203-544-7777**

**100 Redding Road | Redding, CT 06896**

*Managed by Benchmark Senior Living*