



Sub-Acute Rehabilitation

Recover in a community rated among the very best. Our compassionate team offers specialized care designed to accelerate your recovery and regain independence. With a variety of therapies, including cutting-edge virtual reality programming, expert medical support and gourmet dining, we ensure your rehabilitation journey is comfortable, effective and tailored to your needs.

Skilled Nursing

A higher level of care in a healing setting. We provide personalized care plans tailored to each resident's unique needs in a supportive environment. Our comprehensive services include medical supervision and support, medication administration and nutritious gourmet dining.

Welcoming admissions from area hospitals.



(203) 587-8454
RidgeCrestAtMeadowRidge.com



Daneen Capozziello
 Admissions Nurse,
 Ridge Crest



Kayla Todd
 Clinical Liaison,
 Ridge Crest



THE HEALTH CENTER AT MEADOW RIDGE
**Short-term rehabilitation
 and long-term care
 throughout the continuum.**

Residents and patients at Ridge Crest experience exceptional care and comfort, with personalized, licensed support from a familiar, friendly and experienced team.



100 Redding Road | Redding, CT 06896
 Managed by Benchmark Senior Living



Assisted Living

Enjoy an experience that rises above the rest in our boutique-style neighborhood. With 24/7 licensed nurse availability, a vibrant calendar of daily activities and beautifully appointed apartment homes, residents in our Assisted Living neighborhood enjoy both comfort and confidence in their daily lives.

Memory Care




An extraordinary neighborhood offering individualized services. Our Mind & Memory Care neighborhood features certified dementia care partners trained to provide exceptional care and promote purpose-filled, joyful days to those with memory loss.



Our comprehensive treatment plans include therapy, recreation and dining.

- High Staff-to-Patient Ratio
- Medication Administration
- Personalized Care Plans
- On-Campus Physician
- Coordination of Care and Therapy
- 24-Hour Emergency Response

Some of the favorite activities at Ridge Crest:

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|  Trivia Games |  Walking Group |
|  Tabletop Bowling |  Massage Therapy |
|  Social Hours |  Art Classes |
|  Floral Arranging |  Strength & Stretch Class |

Healthy, nourishing, freshly prepared cuisine.

Our professionally trained chef and dining team prepare meals at Ridge Crest with a focus on taste and health. Who knew food that's good for you could be so delicious?

- Dietary Accommodations
- Restaurant-Style Experience
- Extensive Menu
- Dietitian Services
- Dedicated Dining Staff

