MEADOW RIDGE

Continuing Care Retirement Community Overview

Meadow Ridge is a distinctive Lifecare community located in Redding, CT. Our community offers Independent Living, Assisted Living, Memory Care, Sub-Acute Rehabilitation and Skilled Nursing. Residents enjoy a fulfilling lifestyle on our campus, nestled among 136 acres of rolling hills, natural woodlands and open meadows.







Independent Living

For those looking for a fresh perspective on senior living.

Independent Living means the freedom to go where you want and do as you please. You will never be at a loss for meaningful and fulfilling activities, from exercise to entertainment to enlightenment.

- A wide variety of spacious and maintenance-free apartment homes with luxury finishes
- Gourmet cuisine made with the finest ingredients, with a formal full-service dining room and casual bistro
- Concierge services and luxury amenities, including an indoor pool, stunning atrium, salon, spa, state-of-the-art golf simulator and fitness center
- Access to a full continuum of care at more predictable costs



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Meadow Ridge
A Distinctive Lifecare Community

BEST CONTINUING CARE RETIREMENT COMMUNITY U.S.News & WORLD REPORT 2026

BEST INDEPENDENT LIVING U.S.News & WORLD REPORT 2026

RIDGE CREST is the health center at Meadow Ridge, where the Assisted Living, Memory Care, Sub-Acute Rehabilitation and Skilled Nursing neighborhoods are located.

Assisted Living & Memory Care

Be immersed in an elegant and engaging Assisted Living experience.

The right amount of assistance at the right time: Should you need a higher level of care, a one-of-a-kind assistance plan will be created to empower you to remain as active and independent as possible.

- Unique common areas, including an abundant collection of materials in the library, which boasts a comfortable sitting area
- Stimulating activities and programs, including wellness classes, music, games and social hours
- Access to all the amenities and activities available in Independent Living

An extraordinary Mind & Memory Care neighborhood offering individualized services.

Residents receive expert care in a comfortable and secure environment while staying connected to what's important.

- Daily activities and socialization opportunities
- Sensory dining experiences each day
- Led by certified dementia practitioners

Sub-Acute Rehabilitation & Skilled Nursing

A higher level of care in a healing setting.

Award-winning care from an experienced and compassionate team. Our five-star Medicare-rated short- and long-term care neighborhood received the highest rating from *U.S. News & World Report* and is recognized as a Center of Excellence in Wound Management by Wound Care Specialists. These distinctions are a testament to our commitment to providing exceptional care.

- 24 hour care led by attentive licensed professionals
- On-campus medical director, dietitian, cardiologist and respiratory therapist available
- 24% more care time per patient compared to state average
- Exceptional dining experience with an emphasis on local ingredients and gourmet flavors



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RIDGE CREST at Meadow Ridge
HEALTH · WELLNESS · REHAB





BEST ASSISTED LIVING U.S.News & World Report 2026

BEST MEMORY CARE U.S.News & World Report 2026

BEST NURSING HOMES U.S.News & World Report SHORT-TERM REHABILITATION 2026

CMS CENTERS FOR MEDICARE & MEDICAID SERVICES 5-Star Rating

OUTSTANDING WOUND MANAGEMENT PERFORMANCE CENTER of EXCELLENCE in Wound Management Wound Care Specialists, LLC