A Higher Level of Skilled Nursing Care

Ridge Crest at Meadow Ridge offers top-rated Sub-Acute Rehabilitation and long-term Skilled Nursing care. Our five-star Medicare-rated community has been consistently recognized by U.S. News & World Report as among the best nursing homes in the country, and we have been honored as a Center of Excellence in Wound Management by Wound Care Specialists. These distinctions are a testament to our commitment to providing exceptional care.

A Team You Know

With the best staffing ratio in our market, residents receive care from dedicated associates. Seeing familiar faces helps decrease any stress and anxiety a resident may feel, further enhances the homelike experience and provides continuity in care.

Individualized Plans

Our personalized approach means no two care plans are alike. Instead, programs are tailored to each resident's unique needs, with input from the entire care team, so all treatment is planned with the resident in mind.

A Homelike Environment

Care at Ridge Crest is provided in a welcoming, homelike environment. Studies have shown that living in a familiar and resident-friendly environment can enhance residents' lives and care outcomes.

Our private and semi-private suites can be personalized with items from home, but they are outfitted with all the furnishings, conveniences and amenities you could want. Other features of the homelike environment include:

- A cozy and spacious living room
- Dining room and lounge
- TV, phone and Internet services

Ridge Crest Patients Have Better Outcomes Than the National Average

63%
less likely to be hospitalized

30%
less likely to visit the emergency room

12%
more likely to maintain the ability to self-care

BEST NURSING HOMES
U.S.News & WORLD REPORT
SHORT-TERM REHABILITATION
2026

OUTSTANDING WOUND MANAGEMENT PERFORMANCE
CENTER of EXCELLENCE in Wound Management
Wound Care Specialists, LLC

CMS
CENTERS FOR MEDICARE & MEDICAID SERVICES
5-Star Rating

Data points provided by U.S. News & World Report.





First-Class Amenities and Hospitality

Our attentive team members, chef-prepared cuisine and first-class amenities make you feel more like you are in a world-class hotel than a healthcare community. Residents are able to enjoy:

- Two salons for hair and nail services
- Massage services
- Indoor pool
- Sun deck
- Guest suites
- Full-service dining
- Transportation to medical appointments within a 15-mile radius (based on availability)

Healing Green Space, Indoors and Out

Studies have shown that greenery has an observable positive effect on well-being.

The Meadow Ridge campus is located on 136 acres of gorgeous rolling hills and forests, allowing residents to be surrounded by natural beauty every day. This sets the stage for a relaxing environment for therapeutic healing. You can meditate upon natural surroundings or be more active by taking advantage of:

- Our verdant, three-story atrium filled with plants, trees and a babbling brook
- Walking and hiking trails
- Gardening areas with potting sheds
- A woodland pond

> *I visited 13 different places, and Ridge Crest is where we chose. The associates here were everything you could ever ask for. They were wonderful. They were efficient. They cared.*
>
> —Mrs. Bradley

To learn more about the full offerings available at Ridge Crest, contact us at 203-544-7733 ext. 526 or visit RidgeCrestAtMeadowRidge.com.

RIDGE CREST at Meadow Ridge
HEALTH • WELLNESS • REHAB

100 Redding Road | Redding, CT 06896
Managed by Benchmark Senior Living

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